



# TEACHER TO TEACHER: SUPPORTING STUDENTS WITH ADHD

## COURSE OVERVIEW

Do you have students with ADHD in your classroom? Do you feel challenged to find the balance between the needs of your class and helping the student with ADHD learn effectively? You are not alone. Whether you are new to the field or well versed in ADHD, this course will validate the vital role educators' play in the lives of their students and will explore proven methods for teaching children with the most challenging problems. Strategies provided in this course benefit ALL students.

CHADD has developed this program to give practical strategies and resources to educators working with students that have ADHD, provide ongoing support around ADHD topics, and help districts redefine culture and local policies. This self-paced course was modeled after CHADD's Teacher to Teacher: ADHD Goes to School Program.

Throughout the program, educators will learn ways to help students improve academic success; teach planning, organization and time management skills; find out about strategies to reduce typical behavior problems and enhance self-management skills in the classroom; understand ADHD education laws, reforms, policies, and their implications; and explore innovative educational practices and model programs to build effective schools.

### **Session 1 - Understanding ADHD**

- Types of ADHD (inattention or hyperactivity-impulsivity) and corresponding symptoms
- Causes of ADHD
- How differences in brain development and executive function deficits impact learning and behavior

### **Session 2 – ADHD's Impact on School Performance**

- How ADHD affects academic performance of elementary, middle, and high school students
- What are the most common challenges in each grade band and classroom interventions for overcoming the challenges

### **Session 3 – Classroom and Instructional Strategies**

- Explore various classroom and instructional strategies and identify the ones that can work for your classroom (addressing memory deficits, improving reading and writing skills, fostering math skills, homework, and long-term projects)

### **Session 4 – Organization and Time Management Strategies**

- Understand how ADHD impacts organizational skills and strategies to help students
- Understand how ADHD impacts time management skills and strategies to help students

### **Session 5 – Strategies for Managing Emotional and Behavioral Challenges**

- Understand how ADHD impacts organizational skills and strategies to help students
- Understand how ADHD impacts time management skills and strategies to help students

### **Session 6 – Educational Equity and Law**

- Understand education laws and key aspects that affect the educational rights of students with ADHD
- Review eligibility under the Individuals with Disabilities Act (IDEA) and Section 504 of the Rehabilitation Act of 1973, and services to support students with ADHD.
- Highlight school districts' obligations and the role of the teacher in ensuring that students with ADHD are successful

### **Session 7 – Implementing Effective Educational Practices**

- Understand historical education practices and examine current approaches
- Look at effective educational practices and model programs